

SERVICES IN SARNIA-LAMBTON FOR OLDER ADULTS WITH MEMORY CONCERNS

CONCERN	Name of Organization	Contact	Services Offered
Community Resources	Age friendly Sarnia Lambton	www.agefriendlysarnialambton.ca	This website is an excellent resource of many publicly funded agencies and fee- for- service businesses that provide supports to older adults in Sarnia and Lambton County.
Caregiver support, Respite, Day programs:	Alzheimer Society Sarnia-Lambton	T: 519-332-4444 F: 519-332-6673	Provides information and education on Alzheimer disease and all other forms of dementia or memory loss. It also provides support and information groups, family and individual coaching, caregiver respite services, day program, social programming, help with system navigation through Behavioural Support Ontario Program. Self-referral or Health Care Practitioner referral.
In-home Supports:	Lambton Elderly Outreach	T: 519-845-1353 or 1-800-265-020	Friendly Visits, Personal Care, Meals on Wheels, Transportation, Wellness Clinics, Home maintenance, Dinner's Club, Groceries Shopping and Homemaking. Client intervention and assistance for clients in crisis, including those in Elder Abuse situations, as well as Transitional Care Planning to/from Long Term Care.
	Home and Community Care (HCC) <i>[formerly LHIN]</i>	T: 519-337-1000 F: 1-888-447-4468	Assessments to determine service needs for eligibility, coordinating the delivery of multiple services including: personal support, nursing, physiotherapy, occupational therapy, speech-language therapy, social work, case management/coordination, determination for drug coverage under the Ontario Drug Benefit (ODB) Plan. In-home respite care services are available based upon eligibility. Self-referral or Health Care Practitioner referral.
	Family Counselling Centre	Tel Chek Program: 519-336-0120 Care Pathway: (519) 336-3600	Anyone experiencing social isolation, requiring medication reminders, wellness checks. self-referral or Health Care Practitioner referral. Access to navigation of supports and resources available locally.
Falls risk: recent falls, poor balance, requires home safety assessment, mobility aid (walker, cane, etc.)	Rapids Family Health Team	T: 519-339-8949 F: 519-339-9022	<u>Occupational Therapy Falls Prevention/Functional Assessments:</u> ADP authorized for walker prescription. Home exercise program/falls prevention; connection to community programs <i>*other allied health services available</i>
	West/North Lambton Community Health Centre	T: (519) 786-4545 ext 265 F: 519-786-3023	OT Home safety assessment & Grab bar program. Self-referral or Health Care Practitioner referral accepted.
	Falls Alert System	1-800-387-8065	Phillips Lifeline in Partnership with Bluewater Health