

2020 Cold & Flu Season - Increased Walk-In Clinic Hours

CALL YOUR PRIMARY CARE PROVIDER FIRST!

Your family doctor or nurse practitioner are your best care providers for non-emergencies including the common cold/flu, an ingrown toe nail or a UTI. They know your history, medications and are your best place for consistent healthcare.

If you have contacted your primary care provider and are unable to secure a same day or next day appointment you can be seen at one of the clinics listed below.

Always remember to ask your primary care provider about their after-hours care plan.

Rapids Family Health Team: Access to Care Centre & Bluewater Medical Clinic 481 London Rd. Sarnia, ON N7V 3A7 Tel: 519-491-6188	Extended Hours (January to March 31, 2020)	
	Monday to Friday	8:00am - 8:00pm
	Saturday	9:00am – 2:00pm
	Regular Hours	
	Monday to Friday	8:00am – 5:00pm
	After Hours (run by Sarnia Physician Group)	
	Monday to Friday	5:00pm – 8:00pm
	Most Stat Holidays	9:00am – 2:00pm
Christina Street Walk-In Clinic at Twin Bridges NPLC 153 Christina St. S Sarnia, ON N7T 2M9 Tel: 226-776-9030	Extended Hours (January to March 31, 2020)	
	Monday to Thursday	4:00pm – 8:00pm
	Saturday	9:00am – 2:00pm
Sarnia Medical Group 494 Christina St. N Sarnia, ON N7T 5W4 Tel: 519-336-6019	Regular Hours	
	Wednesday	5:00pm – 8:00pm
	3 rd Saturday of each month	10:00am – 1:00pm
Good Doctors Medical Clinic – Sarnia Suite 3 - 889 Exmouth St. Sarnia, ON N7R 5R3 Tel: 226-778-4811	Regular Hours	
	Monday to Friday	9:00-6:00
	Saturday	9:00-3:00
MD Connected Walk in Clinic – Sarnia Suite 4 - 500 Exmouth St. Sarnia, ON N7T 5P4 Tel: 1-877-406-9362	Regular Hours	
	Monday to Friday	9:00am – 8:00pm
	Saturday	9:00am - 5:00pm
	Sunday	10:00am – 5:00pm
Wiltshire Walk in Clinic 940 Murphy Rd. Sarnia, ON N7S 5C4 Tel: 519-491-1922	Regular Hours	
	Monday to Friday	9:00am – 7:00pm
	Saturday	9:00am – 3:00pm
	Sunday	10:00am – 4:00pm
Telehealth Ontario	1-866-797-0000	
Crisis Support	1-866-531-2600	